



Inverness Education Centre / Academy

Office of the Principal

P.O. Box 580, 59 Veterans Memorial Court
Inverness, Nova Scotia
B0E 1N0

Tel: 902-258-3700
Fax: 902-258-3899

September 6th, 2017

As we begin a new school year, we are asking for your ongoing cooperation to foster a safe and healthy learning environment for all students and staff.

Throughout schools in the Strait Region, there are a number of students and staff who have severe and life-threatening allergies to food and scents. At our school, there are allergies to nut, kiwi, sesame, shellfish and scent sensitivities. Therefore, we are asking that you avoid sending scented products to school and avoid using scented products including perfumed laundry detergent, fabric softener, deodorant, perfumes/aftershaves, to name a few.

Avoiding the allergen is key to preventing an allergic reaction. Therefore, the best way to provide a safe environment is to enlist the support of our students, staff and parents/guardians. There are a number of measures that you and your child/children can take to ensure the safety of all members of our school community:

- Encourage your child to wash their hands with soap and water before eating and wash their hands and rinse their mouth after eating (including breakfast and snacks);
- Read food labels and learn how to identify allergen ingredients. If you are unsure about a product, choose something else. For information on the many common names that identify allergen ingredients on food labels, refer to the Health Canada Fact Sheets at: http://www.hc-sc.gc.ca/fn-an/secureit/allerg/fa-aa/index_e.html. In addition, please refer to the Anaphylaxis Canada website at www.anaphylaxis.ca;
- Teach your child not to share his/her food, drink or utensils with classmates;
- Encourage your child to help clean his/her eating area after meals and snacks;
- Allergies are serious! Never play tricks or dare friends with allergies to try foods;
- Avoid products that have a scent/odour. For more information and resources, please visit the Canadians for a Safe Learning Environment website at <http://www.casle.ca>; and
- Get help, if your friend with an allergy or scent sensitivity doesn't feel well.

We recognize that creating and maintaining an allergy-aware and scent-aware school takes effort and diligence on everyone's part. Thank you for your cooperation and assistance as we work together to make Inverness Education Centre Academy a safe, healthy and welcoming learning environment for all students, staff and families.

The Strait Regional School Board is making every effort to support students and staff with severe allergies and scent sensitivities through staff training, various accommodations and information-sharing within our school communities.

If you have any questions, please feel free to contact me at the school.

Sincerely

Carol Smith
Principal